



Dementia Services Information & Development Centre
promoting best practice in dementia care

SPRING SYNAPSE SEMINAR

Sharing current research activity on quality of life for the person with dementia

THURSDAY 29 April 2010

**IMM DURKAN LECTURE THEATRE
TRINITY CENTRE FOR HEALTH SCIENCES
ST. JAMES'S HOSPITAL
DUBLIN 8**



PROGRAMME

From	To	Mins	Title	Presenter	Chair
8.40	9.00	20	Registration Tea / Coffee	Lorraine Lovely / Dearbhla O'Caheny	
9.00	9.10	10	Welcome & Introduction	Patricia Hallahan	Patricia Hallahan
9.10	9.50	40	Launch of the DSIDC 'Living with Dementia' Programme	Dr. Suzanne Cahill & Prof. Robbie Gilligan	
9.50	10.10	20	Learning from the Person with Dementia	Dr. Emer Begley	
10.10	10.30	20	My Experience with Dementia	Bishop Brian Hannon	
10.30	10.50	20	Tea / Coffee		
10.50	11.10	20	Memory Screening Service	Dr. Kate Irving	Matthew Gibb
11.10	11.30	20	Crisis Development in Community Care	Joanne Flood	
11.30	11.50	20	Dementia Education	Mary Manning & Anna de Siún	
11.50	12.10	20	Reminiscence Methods	Dr. Adeline Cooney	
12.10	12.30	20	Palliative Care	Marissa Butler	
12.30	14.00	90	Break for Lunch / DSIDC Advisory Group Meeting		
14.00	14.20	20	Continuing to Care	Grainne McGettrick	Matthew Gibb
14.20	14.40	20	Communication in Family Meetings	Sarah Donnelly	
14.40	15.00	20	Relocation to Specialist Unit	Andrea Bobersky	
15.00	15.20	20	Reminiscence Therapy	Treena Parsons	Patricia Hallahan
15.20	15.40	20	Dual Disability	Prof. Mary McCarron	
15.40	16.00	20	Orphaned Skills	Stephen Wey	
16.00	16.10	10	Summary & Close	Prof. Rose Anne Kenny	

WELCOME

Welcome to the DSIDC Spring Synapse Seminar, the purpose of which is to share recent and current research activity that has the potential to make a real difference to the quality of life for the person with dementia in Ireland.

The target audience for this seminar is health care professionals who have an interest in conducting or in learning from the research into psycho-social aspects of dementia and we sincerely welcome all of you.

As you know, a synapse is where neurons connect and transmit messages, so we thought that this would be a good metaphor for our seminar. We hope that it will increase connections between and among dementia researchers and practitioners, and that there will be lots of transmission of knowledge both formally and informally.

We have an interesting line up of presentations from all over Ireland which will give you a good idea of the breadth and depth of current research into psycho-social aspects of dementia here. We are also pleased to welcome Stephen Wey from York who will share his research on 'orphaned skills' in dementia. We regret that due to time constraints we were not able to include all the excellent submissions we received.

At this seminar we will launch the DSIDC Living with Dementia Programme which now has four PhD students in Trinity College and which is making a huge contribution to research into psycho-social aspects of dementia in Ireland. Research from the Living with Dementia Programme will be presented throughout the day.

We hope you will enjoy and benefit from this day and that you will leave better informed and with ideas to put into practice.

CHAIRS AND SPEAKERS (in order of appearance)

Patricia Hallahan, is the Director of DSIDC. Formerly Head of Services at the Alzheimer Society of Ireland, she is a Registered Nurse and Midwife. With a BSc. in Social Science and an MSc. in Development Management, and currently completing an MBA, she has many years experience in the design, development, implementation and evaluation of health, education, research and social care interventions in Ireland and overseas.

On behalf of all of us in DSIDC, Patricia will be your host for the day; she will welcome you to the conference and chair the early morning and afternoon sessions. Please contact Patricia or any DSIDC staff member if you need any assistance at all during the conference.

Dr Suzanne Cahill is on secondment to Trinity College Dublin from the DSIDC at St. James's Hospital where she worked as National Director between 1999 and 2007. She is currently employed as a Research Senior Lecturer and Research Director of the DSIDC's externally funded research programme (Living with Dementia) based in the School of Social Work and Social Policy at Trinity College Dublin. Suzanne has many years work experience as a social work practitioner, researcher and educator both in Ireland and in Australia. Her research interests include GPs and dementia, quality of life and caregiving, end of life and dementia, and quality of care in nursing homes.

Prof. Robbie Gilligan is Head of the School of Social Work and Social Policy, and Associate Director of the Children's Research Centre at TCD. He has been a Board member of, and consultant to, various social service organisations and has been a member of the DSIDC Steering Committee and DSIDC Advisory Group since 2007.

Dr Emer Begley is a Policy Officer with Age Action Ireland which is a leading advocacy organisation for older people. She has an MSc in Applied Social Research and a PhD in Social Policy. Her research, entitled *Learning from People with Dementia* was completed in 2008. It provides insights into the lived experience and health and social care needs of a group of people living with early stage dementia. It links the 'personal' to the 'political' by placing this experience within the context of the Irish health and social care system, as a result embedding the lived experience within the systematic context. The central crux of her enquiry is that a consideration and understanding of the lived experience reveals appropriate and effective ways to respond.

Bishop Brian Hannon ministered in Derry from 1969 to 1982. He moved to the Church of Ireland Diocese of Clogher, as rector of the Cathedral Parish of Enniskillen in County Fermanagh and went on to become Bishop there in 1986. He held this position until his retirement in 2001. Since his diagnosis with Alzheimer's disease in 2008, he has been committed to reducing the silence about the condition by speaking out at every opportunity. He received extensive coverage recently for his participation in a BBC Northern Ireland Spotlight documentary on dementia, which was broadcast in January 2010.



Bishop Brian Hannon with his dogs, Tanya & Cushla (Photo Credit: TBC)

Matthew Gibb has a professional background in Social Work and a Masters degree in Social Policy and Social Work Studies from the London School of Economics. He has much experience working with older people, carers and people with sensory and physical disabilities. He conducts research in dementia for DSIDC and provides social work support for the clients of the Memory Clinic of the Mercer's Institute for Research on Ageing.

Dr. Kate Irving is a lecturer in Nursing in Dublin City University and teaches a range of modules including person-centred dementia care and the taught masters thesis module. Previously she worked at University College Dublin as a postdoctoral research fellow. She completed her PhD in 2001 at Curtin University of Technology, Western Australia. Kate's ongoing research to be presented at this seminar was started in January 2009 and is entitled *Memory Works Screening Service*. Her presentation will describe the service and examine the characteristics of the service uptake populations since inception.

Joanne Flood is a Registered Psychiatric Nurse with 10 years experience in Dementia care in Acute Care Settings, Liaison Psychiatry, Gerontological Nursing, Long Term Care Settings and community. She was a Dementia Nurse Specialist within Psychiatry of Old Age in North County Dublin, and has worked extensively in education within healthcare with regards to challenging behaviour. She has an MSc in Mental Health of Older people and is currently undertaking a PhD in Community Dementia Care through DCU. Her presentation is based on research started in 2008 and is entitled '*Crisis Development in Community Dementia Care: A Case Study Analysis*'.

Mary Manning and **Anna de Siún** will present findings from a three-year research project funded by the National Council for the Professional Development of Nursing & Midwifery, which started in 2008. This project is developing an educational programme for staff caring for people with dementia. Their presentation will focus on findings from the needs analysis phase of the research.

Mary Manning is Project Lead for this project and Project Officer in the Nursing & Midwifery Planning & Development Unit, HSE, Dublin Mid-Leinster. She has an MSc in Education and Training Management and is currently undertaking studies in dementia at the University of Ulster.

Anna de Siún is an independent health services research consultant. She has an MSc in Health Services Research and has been involved in research on a number of health topics from nutrition to diabetes. Her area of special interest is older person care and she has been involved in a number of studies in this area, including the national falls prevention strategy.

Dr. Adeline Cooney is a Senior Lecturer in the School of Nursing and Midwifery, National University of Ireland, Galway. Her doctoral work examined the quality of life of older people living in long-stay care settings, whether they experienced 'home' and what helped or hindered them in finding 'home'. Her research continues to focus on older people's quality of life, the use of reminiscence with people with dementia and how people cope with and manage a chronic illness. Her presentation entitled '*Formalising reminiscence within long-stay care settings: Early lessons on methods and materials from DARES*' is based on on-going research, which started in 2008. It will examine key methodological issues that arise in research of this kind including focusing on the development of an educational programme for staff.

Marissa Butler is a Registered Psychiatric and General Nurse, with an MSc. in Nursing Practice. She has many years experience working in Community Specialist Mental Health services for Older People and has a particular interest in promoting person centred care approaches for people with dementia who display behaviours that challenge. Her presentation, entitled '*Palliative Care for All: Integrating Palliative Care in Dementia Care*', describes a two-year action research project, which began in November 2009. Marissa is Project Officer of this project, which is being run under the auspices of Clare Mental Health Services for Older People. The project will devise, implement and evaluate appropriate palliative care responses for people with dementia within the Irish health care context.



Photo Credit: Home Instead Senior Care

Grainne McGettrick is responsible for the policy and research brief in the Alzheimer Society of Ireland. She studied social science at UCD and holds an MA in Social Policy from NUI Maynooth. She has worked in a variety of community and voluntary organisations and has extensive experience of the disability rights area. Her presentation entitled *'Continuing to care for people with dementia: Irish family carers' experience of their relative's transition to a nursing home*, explores the issues that family carers face when the person they are caring for is making the transition to long term care. This is based on research completed in 2009 and covers a range of issues including the carers' key influences in making the decision to admit the person, the actual experience of making the transition, the changing role of the carer, the types of roles carers want and how they can be supported in these roles.

Sarah Donnelly is currently completing research on behalf of the 'Care and Connect' Project which is an academic, practice partnership between Tallaght and the School of Social Work and Social Policy, Trinity College Dublin; her research findings are also being incorporated into the completion of a PhD. She is also employed as a Social Work Team Leader and provides a social work service to inpatients in Tallaght Hospital under the Age-Related Healthcare Unit. Sarah's research examines the participation levels of cognitively impaired patients within hospital family meeting processes and will focus specifically on the language and behaviour of the multi-disciplinary team within these meetings.

Andrea Bobersky has a Diploma in Psychology from the University of Trier, Germany. She has worked as a formal caregiver for people with dementia in day care centres and lectured secondary level students in social gerontology. As part of the DSIDC 'Living with Dementia' programme, Andrea's PhD thesis, started in 2008, explores the experiences of people with dementia and their caregivers during transfer of the person with dementia to a Dementia Specialist Care Unit. Themes emerging from interviews with residents and with family caregivers and focus groups with staff members will be presented and suggestions for best practice on relocating residents will be given.

Treena Parsons holds a Psychology degree from the Open University and an MSc in Social Work from the University of London. She has worked in dementia care and as a Care Manager in England. As part of the DSIDC 'Living with Dementia' programme, Treena's PhD thesis, started in 2009, is in the area of reminiscence and dementia. Her presentation will give an overview of an exploratory study investigating the experience of reminiscence therapy in a sample of people diagnosed with dementia in Ireland. The aim of the research is to provide an understanding of the current role of reminiscence therapy in dementia care in Ireland, and will include the views of the person with dementia and their caregivers.

Prof. Mary McCarron is Director of the School of Nursing and Midwifery Studies at Trinity College Dublin and advisor on dementia to the Daughters of Charity. An international expert in the field of intellectual disability and dementia, she is recognised for her efforts to extend palliative care to all persons with dementia. She has developed educational programs for health care professionals to transform the culture and context of care. Her research entitled *'Understanding the cost and quality of life issues in different levels of residential service delivery for persons with the dual disability of Down Syndrome and Alzheimer's dementia'* was completed in 2009. Her presentation will look at the settings that are most useful in addressing and responding to the dementia care needs of this increasingly at risk population.

Stephen Wey is a senior lecturer in Occupational Therapy at York St John University and a member of the Centre for Enabling Environments and Assistive Technology. With degrees in Psychology and Occupational Therapy, he has many years of clinical experience with older adults with dementia, during which he has actively promoted and published in the area of dementia rehabilitation. His doctoral research started in 2009. His presentation, entitled '*Identifying and re engaging orphaned skills to maximise the function and well being of people who have dementia: expanding the scope of dementia rehabilitation*', will challenge the view that rehabilitative practice is only feasible in the early stages of dementia.

Prof. Rose Anne Kenny is Head of the Department of Medical Gerontology, TCD, and Director of the new Centre for Successful Ageing in St James's Hospital and Chairperson of DSIDC's Steering Committee. A world leader in research into cardiovascular and mobility disorders in ageing, she has published in excess of 200 papers, 40 book chapters and 3 text books. Professor Kenny will close the seminar on behalf of DSIDC.

SPONSORSHIP



We would like to thank Home Instead Senior Care for their generous sponsorship of today's seminar. As Ireland's trusted source of home care for seniors, Home Instead Senior Care has a vested interest in helping seniors continue to be independent and live in their home for longer than otherwise possible. They have 18 offices located throughout the country that provide a range of flexible services designed for practically any living arrangement where an older person simply needs companionship or help with activities such as meal preparation, laundry or shopping. They also provide specialist Alzheimer and dementia care in the home as well as convalescent care services.

For further information on Home Instead Senior Care please visit their website www.homeinstead.ie or call 1890 930 013.

PRIZES FOR BEST PRESENTATION

An expert panel will judge presenters who wish to be included in the prize for best presentation. Professor Rose Anne Kenny will announce the results in the closing session. The prizes, which are kindly sponsored by Home Instead, are as follows:

First prize	€200
Second prize	€100
Third prize	€50

VENUE

The IMM Durkan Lecture Theatre is located in the Department of Molecular Medicine, Trinity Centre for Health Sciences, St James's Hospital. An interactive map showing the Trinity Building can be found on <http://www.stjames.ie/imap/map.html>

Entering the Hospital grounds through James's Street turn right at the first roundabout (Junction 1, opposite public car-park). The Durkan Lecture Theatre is on the left of the reception. Lunch will be held upstairs in the stone building opposite the entrance. We will have signs and people to help you find your way.

GETTING THERE AND AWAY

- Luas Red Line
- Dublin Bus Routes: 123, 78A, 51 & 51b
- Irish Rail Heuston Station is 10 minutes walk
- Taxi rank located outside main hospital concourse
- Cycle racks available
- Car. As there is limited parking available we encourage you to walk, cycle, or use public transport if possible. An underground public car park costs €2.00 per hour with a maximum charge of €12.00 per day. Cars parked unofficially are liable to being clamped.

EVALUATION / ANY OTHER QUESTIONS

The organising committee for this conference includes Patricia Hallahan, Matthew Gibb, and Lorraine Lovely. We are committed to making this seminar as useful to you as possible and we value your feedback before, during, and after it.

Please fill in the pink sheet in your seminar pack or talk to any one of us directly. Alternatively, you can email dsidc@stjames.ie with your comments or suggestions for improvement. If we have not anticipated all your information needs here please contact us or check out our website for updates.



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