

Republic of Ireland Ageing organisations and other useful links

28th September 2011

Older People's Organisations

[Age Action Ireland Ltd](#)

Age Action Ireland is a national non-governmental organisation working as a network of organisations and people providing services for older people and their carers in Ireland and as a development agency promoting better policies and services for them. Age Action Ireland publishes, amongst other things, a Directory of Services for older people as well as a monthly bulletin for members.

30 Lr Camden Street, Dublin 2
Tel (01) 475 6989
E-mail info@ageaction.ie

[Age & Opportunity](#)

Age & Opportunity is the national not-for-profit organisation that promotes opportunities for greater participation by older people in society through partnerships and collaborative programmes. Age & Opportunity's vision is an Ireland where all older people have the opportunity to realise their full potential and participate in an inclusive society.

Marino Institute of Education, Griffith Avenue, Dublin 9
Tel (01) 805 7709
E-mail info@ageandopportunity.ie

[Active Retirement Ireland \(ARI\)](#)

Active Retirement Ireland (formerly the Federation of Active Retirement Associations) is the umbrella body for Ireland's active retirement movement. There are approximately 500 local active retirement associations around Ireland, with approximately 22,500 members. ARI can put you in touch with your local active retirement association or give you advice on setting up a new group.

124, The Capel Building, Mary's Abbey, Dublin 7
Tel (01) 8733836
E-mail info@activeirl.ie

[Carers Association](#)

The Carers Association represents the interests of Irish Family Carers in the home. It publishes the bi-monthly newsletter "Take Care" as well as information, support services, training and organises the Carers of the Year Awards. The Association also operates the National Careline - Freephone 1800 24 07 24

National Office, Market Square, Tullamore, Co. Offaly
Tel (057) 9322920
Freephone: 1800 24 07 24
E-mail info@carersireland.com

ICTU Retired Workers' Committee

The Retired Workers' Committee of the Irish Congress of Trade Unions is a representative group for over 80 Retired Workers' Committees of unions affiliated to the ICTU.

32 Parnell Square, Dublin 1
Tel (01) 889 7777

Irish Association of Older People

The Irish Association of Older People is a voluntary and membership-based organisation that provides information and promotes and encourages activities which improve the lives of older people. It publishes the quarterly Getting On.

Room B15, UCD, Earlsfort Terrace, Dublin 2
Tel (01) 475 0013
E-mail iaop@oceanfree.net

Irish Senior Citizen's Parliament

The Irish Senior Citizen's Parliament was established in November 1995 to represent the interests of older people, and to lobby the government for change. The ISCP lobbies on everything from pensions to rural transport and health issues. There are some 200 groups of older people affiliated to ISCP which, between them, represent close to 100,000 people.

90 Fairview Strand, Dublin 3
Tel (01) 856 1243
E-mail seniors@iol.ie

National Federation of Pensioner's Associations

The National Federation of Pensioner's Associations is a national representative organisation for pensioner's organisations. The NFPA aims

to protect and promote the interests of pensioners and retired persons in regard to social welfare, taxation, health and superannuation.

Carmichael House, North Brunswick Street, Dublin 7

Tel (01) 873 5702

E-mail nfpasec@eircom.net

Older & Bolder

A number of older people's organisations have combined forces on a campaign highlighting the issue of ageism in Ireland. This public education and information campaign, Older & Bolder, was launched on 2 November 2006. It aims to raise awareness around the issue of ageism and to mobilise support for the development of a national strategy for older people that accurately and openly reflects the views, the needs and the contribution of older people in Ireland.

Jervis House, Jervis St., Dublin 1

Tel (01) 878 3623

Email info@olderandbolder.ie

Older Women's Network (OWN) (Ireland)

The Older Women's Network (OWN) seeks to bring older women together to share interests and to be a voice for older women, aiming to influence policy-making. OWN's members are made up of individuals and groups from every county in Ireland and most Northern Irish counties. OWN is represented on the National Women's Council of Ireland and in the Irish Senior Citizen's Parliament. Membership is open to women living in Ireland who support OWN's objectives.

All Hallows College, Grace Park Road, Drumcondra, Dublin 9

Tel (01) 884 4536 or (01) 884 4537

E-mail ownireland@eircom.net

Senior Help Line (tel: 1850 440 444)

The Senior Helpline is a national, confidential helpline operated by older volunteers for older people who feel lonely or isolated. The helpline operates as follows: Mon, Tues and Thurs, 10am to 10pm and all other days from 10am to 4pm and 7pm to 10pm - 365 days a year. You can contact the service for the price of a local call from anywhere in Ireland. Established by the Summerhill Active Retirement Association, Meath, it is now run by 310 older volunteers from 14 centres throughout Ireland.

Third Age Centre, Summerhill, Co. Meath

Office tel 046 955 7766

Helpline 1850 440 444

Third Age Foundation

The Third Age Foundation provides services, facilities and opportunities for older people, which focus on; education and life long learning, health, community development, social policy, intergenerational and intercultural activities, social inclusion and volunteering. The foundation has over 150 members, including older people, members of the Traveller community and long stay residents from our local nursing home. The aim of the organisation is to provide information and new ideas that will encourage older people to improve their own lives, and make a positive difference to their communities.

Third Age Centre, Summerhill, Co. Meath
Tel (046) 955 7766
E-mail info@thirdage-ireland.com

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Research Organisations

CARDI

CARDI (Centre for Ageing Research and Development in Ireland) is a not-for-profit organisation developed by leaders from the ageing field across Ireland (North and South) including age focused researchers, academics, statutory, voluntary and community sector representatives. Its mission is to advocate for and advance the ageing research agenda by identifying, coordinating, stimulating, and communicating strategic research on ageing and older people as a means to improve the lives of older people in Ireland, especially those who are disadvantaged.

5th Floor, Bishop's Square, Redmond's Hill, Dublin 2
Tel (01) 478 6308

Forestview, Purdy's Lane, Belfast, BT8 7ZX
Tel (0044) 28 90 690 066

Lifelong Learning Centre, Dublin City University

As part of DCU's continuing 'civic engagement' strategy to link university resources to its neighbouring communities, the Centre is running an outreach programme piloting a number of short courses in areas such as communications and computers at any stage in their lives.

Ballymun Partnership, North Mall, Ballymun Town Centre, Dublin 11
Tel (01) 842 3612
Email colma@ballymun.org

National University of Ireland, Cork

NUI Cork offers a two-year Masters (MA) in Gerontology. The course examines the psychological, social, educational, health and caring aspects of the ageing process among older adults. The programme also explores the developmental model of ageing and the issue of empowerment.

Dept of Applied Psychology, University College Cork, Cork
Tel (021) 490 4604
Email mauraobrien@ucc.ie

Irish Centre for Social Gerontology - (ICSG)

ICSG aims to develop and promote social and economic aspects of ageing in Ireland with a view to supporting a holistic and positive view of ageing, which emphasises participation and empowerment for older people at all levels of society. ICSG offers research expertise and practical support to public, private and voluntary agencies involved in the formulation and implementation of public policy for older people at international, national, regional and local levels. It is also possible to complete a Diploma course in Social Gerontology of 1-year duration.

Irish Centre for Social Gerontology, Cairnes Building, National University of Ireland Galway
Tel (091) 495 461
Email icsg@nuigalway.ie

Social Policy and Ageing Research Centre (SPARC)

As part of Trinity College Dublin's School of Social Work and Social Policy School, this research centre focuses on researching issues central to older people's lives.

SPARC, Trinity College Dublin, Third Floor, 3 College Green, Dublin 2
Tel (01) 896 2914
Email ageing.research@tcd.ie

The Netwell Centre, Dundalk Institute of Technology

Particularly involved in applied research and development of sensor, digital media and ICT technologies for enhancing quality of life of older people living independently.

Dublin Road, Dundalk, Co. Louth
Tel (042) 937 0497
Email rodd.bond@dkit.ie

TiLDA (The Irish Longitudinal Study on Ageing)

TiLDA is the most detailed study on ageing ever undertaken in Ireland. It looks at the health, lifestyles and financial situation of 8,000 to 10,000 people as they grow older, and sees how their circumstances change over a 10 year period.

Trinity College Dublin, Dublin 2
Tel (01) 896 4120
Email tilda@tcd.ie

Government and public bodies

Department of Health and Children

The Department of Health and Children's statutory role is to support the Minister in the formulation and evaluation of policies for the health services. It also has a role in the strategic planning of health services. This is carried out in conjunction with the Health Service Executive, voluntary service providers, Government Departments and other interested parties.

The Office for Older People comes under this Department and Minister of State Kathleen Lynch TD has responsibility for Older People.

Department of Health and Children, Hawkins House, Hawkins Street,
Dublin 2
Tel: (01) 635 4000

The HSE has developed two websites to provide information and advice on physical activity and healthy eating.

Get Ireland Active

This website promotes the recently published National Physical Activity Guidelines for Ireland. The site provides clear, concise and user friendly guidance to support the public, professionals and policy makers to Get Ireland Active.

Little Steps

This website is a joint initiative between Safefood and the HSE. The site offers lots of information and ideas to encourage people to take little

steps towards getting active and eating well. It includes recipes and an interactive meal planner, a what's on guide to help families to get active together, instructions for traditional active games and over 100 little steps.

The Health Information and Quality Authority

The Health Information and Quality Authority was established in May 2007 as part of the government's health reform programme and is committed to operating to the highest standards of corporate governance. They are an independent Authority, with broad ranging functions and powers reporting to the Minister for Health. They have been set up to drive quality, safety, accountability and the best use of resources in our health and social care services, whether delivered by public, voluntary or private bodies.

The Health Information and Quality Authority, Unit 1301, City Gate, Mahon, Cork. (021) 240 9300, info@hiqa.ie.

Collaborations between Third-Level Institutions & Policy Makers / Industry

National Centre for the Protection of Older People - (NCPOP) UCD

The National Centre for the Protection of Older People (NCPOP), which is funded by the Health Service Executive, is focusing on a programme of research examining elder abuse in Ireland. This research will contribute to the development of policy and practice in relation to elder abuse.