



## Life Enhancement for Older People: Translating Research into Practice

May 4<sup>th</sup> 2010

Galway Bay Hotel

10.30am to 3.30pm

The Irish Centre for Social Gerontology, NUI Galway, and COPE Galway Senior Support Services are co-hosting a participatory conference on Life Enhancement for Older People across the themes of participation and civic engagement, empowerment and advocacy. This event will have a special focus on how research can involve and be used by older people to benefit them. Group discussion will form a major part of the programme and will contribute to a short conference report for participants and for general dissemination.

### The purpose of this Conference is:

- A) To present existing research on life enhancement for older people in an accessible format
- B) To provide older people with the opportunity to discuss participation in society, empowerment and advocacy.
- C) To demonstrate how research knowledge can enhance the voice of older people and to support their participation in advocacy and lobbying activities.

### Speakers

Professor Eamon O'Shea, *Irish Centre for Social Gerontology, National University of Ireland Galway.*

*What does participation mean for older people in Ireland today?*

Dr. Cathy Bailey – *Irish Centre for Social Gerontology, National University of Ireland Galway.*

*Empowered to take part: ICSG's user forum and opening up dialogue between older people, service providers and policy makers*

Dr Una Lynch - *Changing Ageing Partnership, Queen's University Belfast*

Anne Watson - *Newtownabbey Senior Citizen's Forum*

*Older, Louder and Stronger: Advocacy and the Changing Ageing Partnership*

### Who is this conference for:

This conference is for any older person with an interest in ageing and research on ageing in Ireland. While there is no fee for this conference, a voluntary contribution of € would be appreciated. To book a place at the conference please contact the following with your **name, telephone number and postal address:**

**COPE Galway**

**Tel: 091 778750**

**Email: [fundraising@copegalway.ie](mailto:fundraising@copegalway.ie)**

**R.S.V.P 21<sup>st</sup> April 2010**

**Supported by:**

