

Welcome

Your Memories Matter: Showcasing Reminiscence Research

Dr Roger O'Sullivan

17/02/10 - The Mount Conference Centre Belfast

*Promoting well-being by
valuing people's memories*

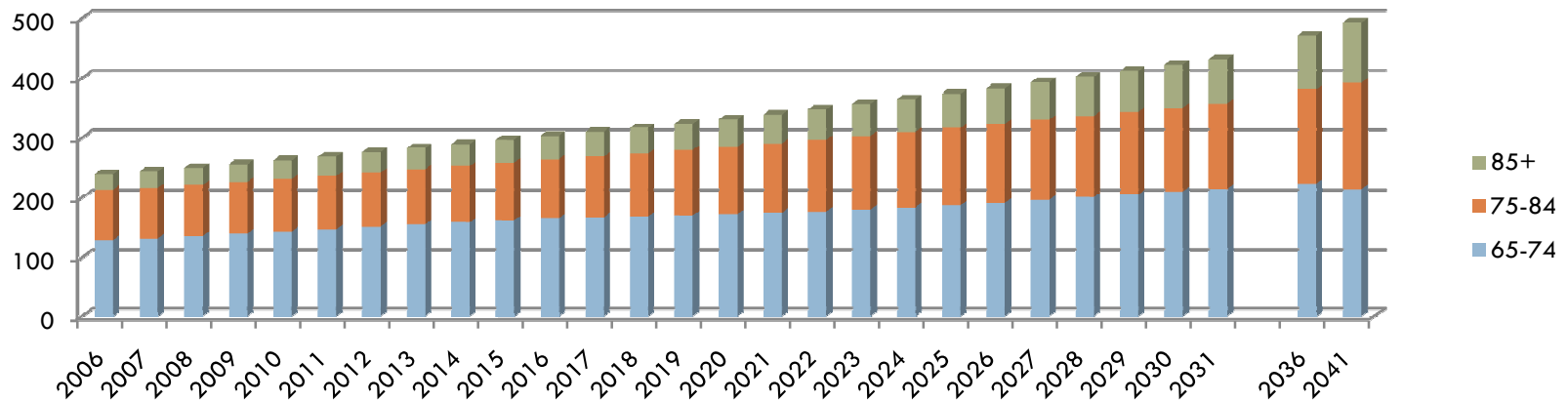
RNNI

*Helping research to play its
part in planning for
changing demographics*

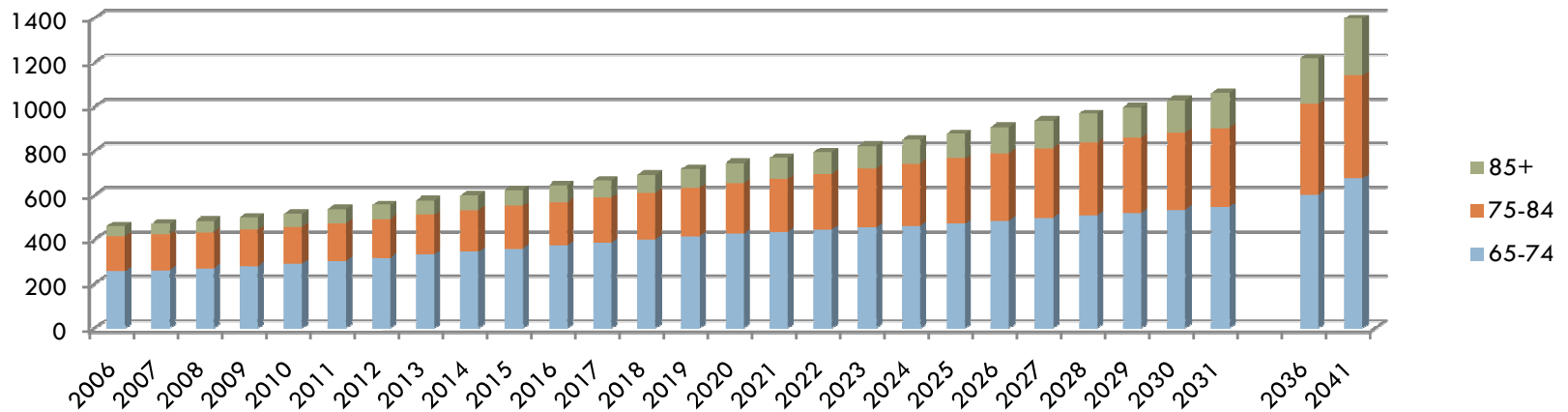
CARDI Strategic Plan 2008 - 2011

Population change in Ireland – North and South

NI projected rise in older population by year 2006-2041



RoI projected rise in older population by year 2006-2041



Anyone can get old.
All you have to do is live
long enough. ...

Groucho Marx

Recognising Opportunities

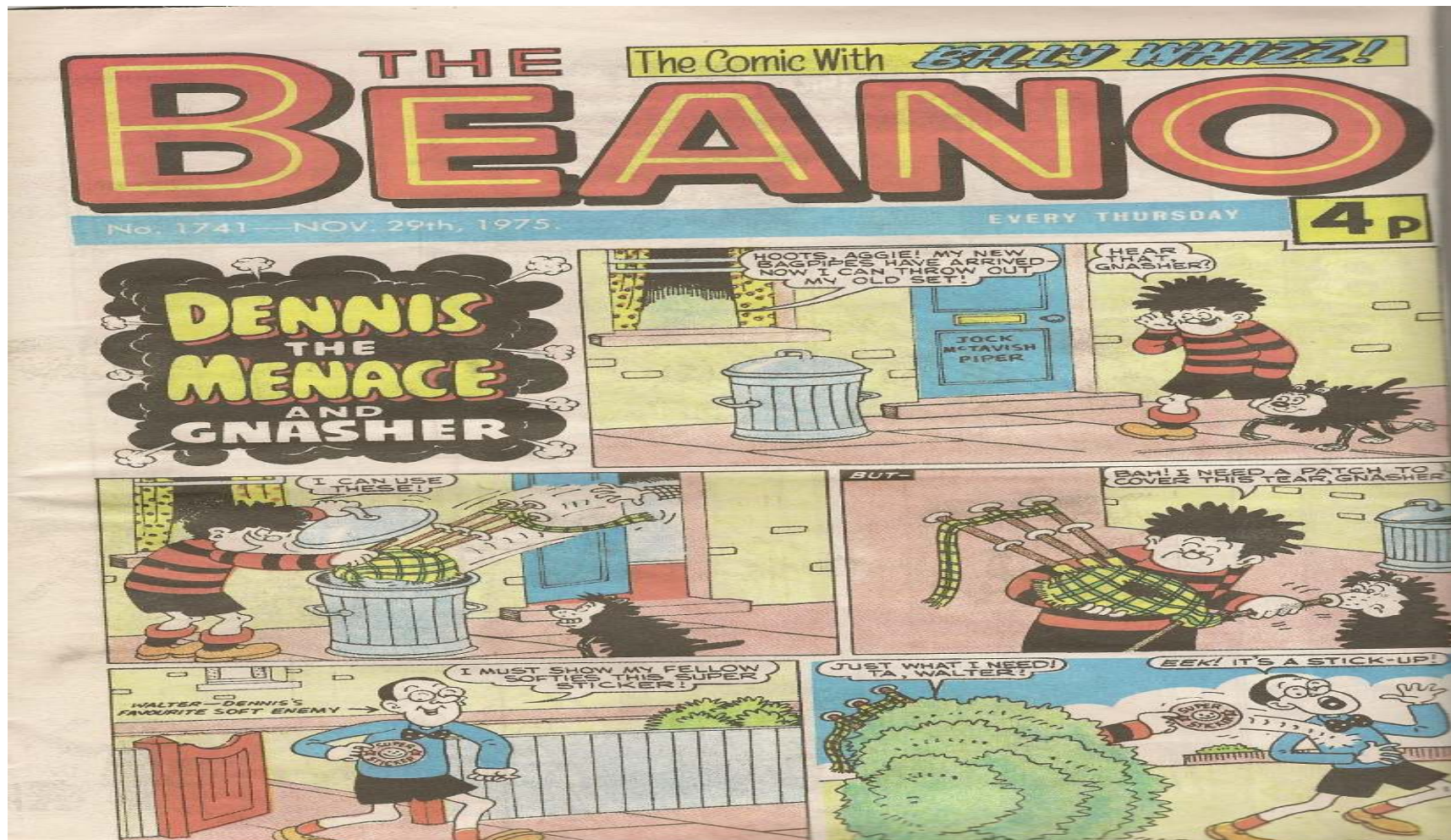
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Opportunities are usually disguised as hard work, so most people don't recognise them

Ann Landers

The Weekly Treat

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The Bunch of Heather

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*Bear this little bunch of heather to my brother
far away*

*And tell him that it grew and bloomed on
Altamuskin brae*

*And tell him that I plucked it ere the dew on it
was dry,*

*And sent it in remembrance of the happy days
gone by*

Michael (the Bard) Mullin

A fair day in Ballygawley

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Natural order of life

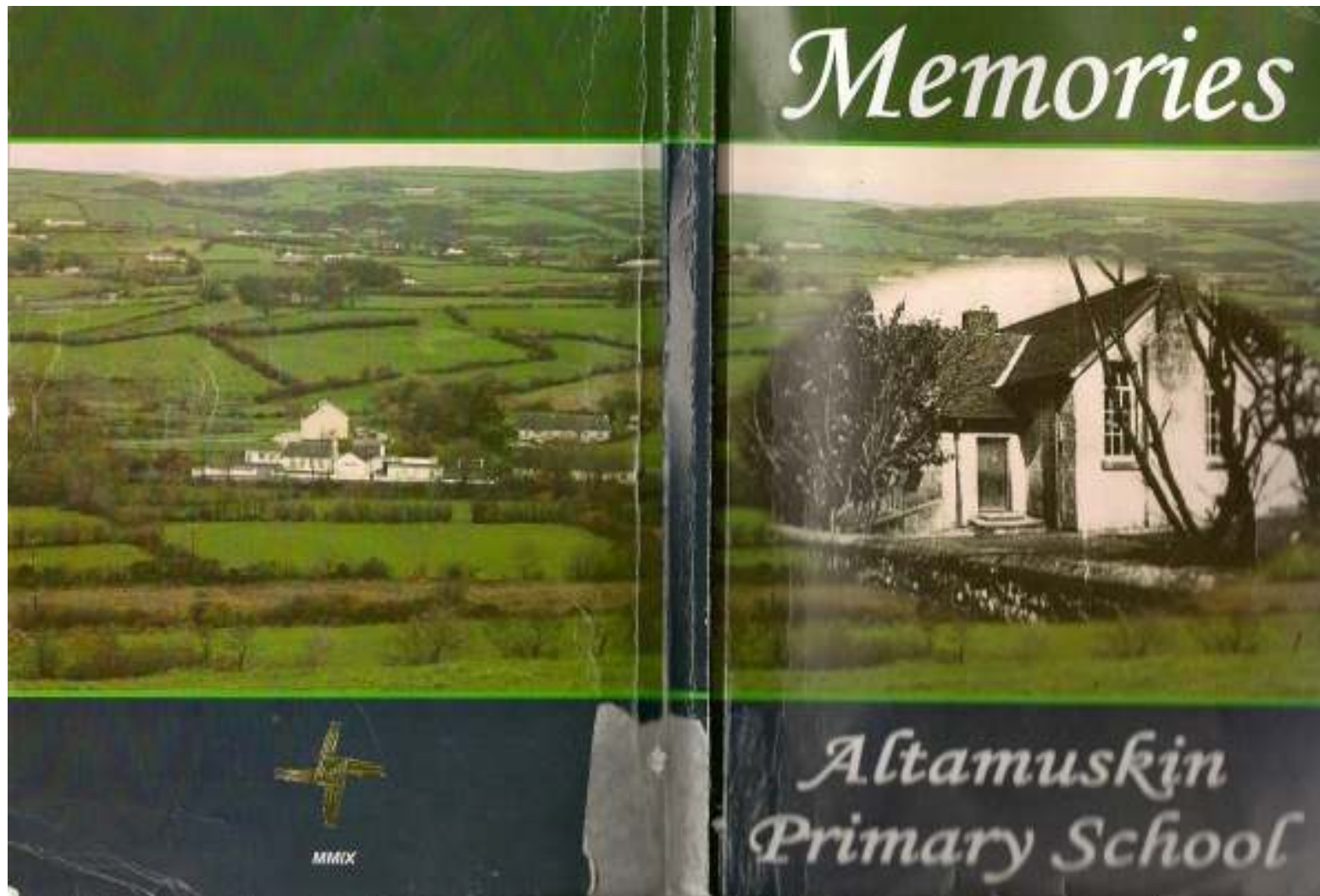
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“ Anything that is in the world when you were born is normal and ordinary and just a natural way...; anything that is invented between the time when you are 15 to 35 is new, revolutionary and exciting..and anything invented after you are 35 is against the natural order of things.

Hitch hiker's Guide to the Galaxy

School days - celebrating memories

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Girlhood Memories

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My school days ended in 1950
..... the days spent in Altamuskin
Primary School will always remain
forever in a little portion of my
brain, labelled Girlhood
Memories.

Bridie O'Sullivan

The New York Times Magazine

FEBRUARY 22, 2004, SECTION 4

Are we prepared
for many more people living
to 100 and beyond — for parent-child
dynamics, sibling rivalries
and other relationships that go on
and on and on?

The Long of It

By Susan Dominus



Andy is 100.
Should she still tell
her younger
sisters what to do?

Barbara is 63.
Will she always
be the baby
sister in the family?

Deborah Solomon: Roy Disney, Reanimated • Robert Sullivan: Batropolis!

Time speeds up as we grow older

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As we grow older life passes us
by faster and faster each day
...our families grow up and
change in the blink of an
eye...memories last only moments
but they are our treasured
possessions